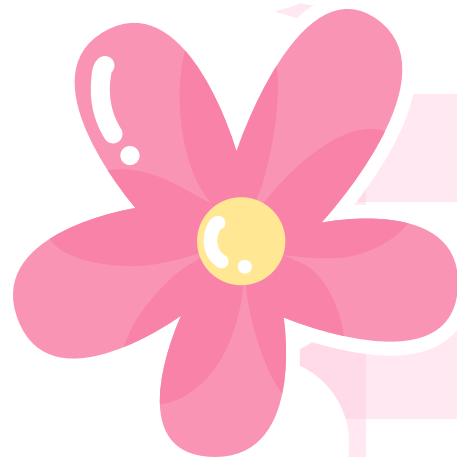
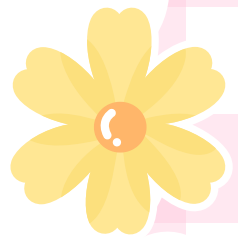




Activity BOOK



This book belongs to:

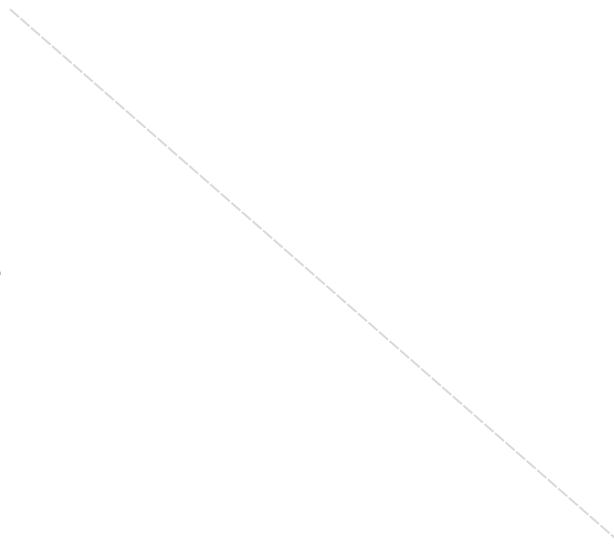
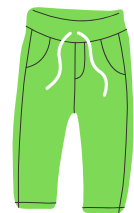
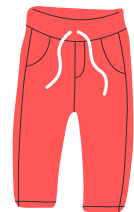
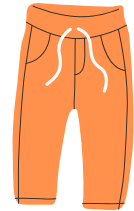
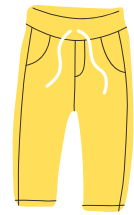
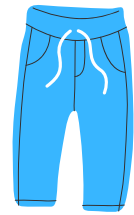


Matching Color

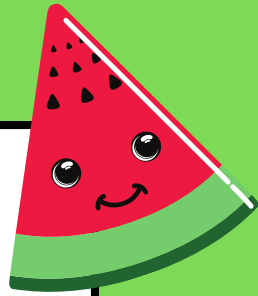
Name : _____

Class : _____

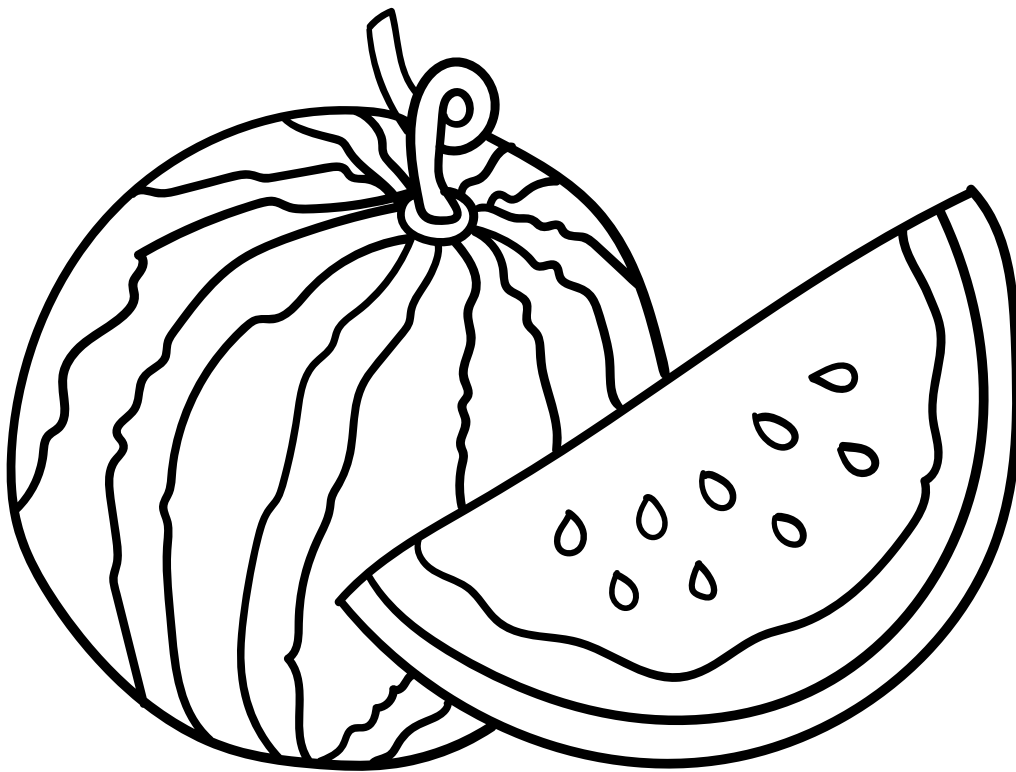
Draw a line to match the shirt color with the pants color.



Name: _____



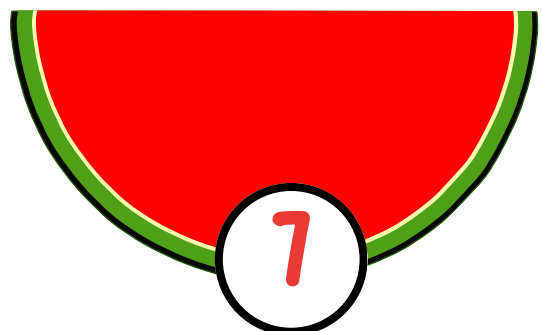
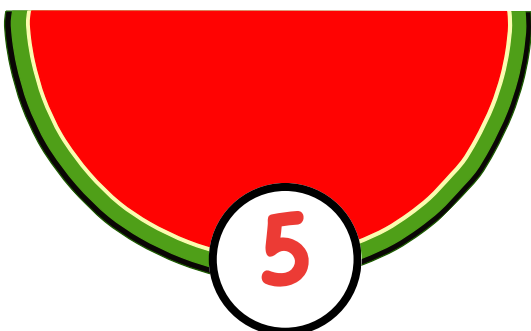
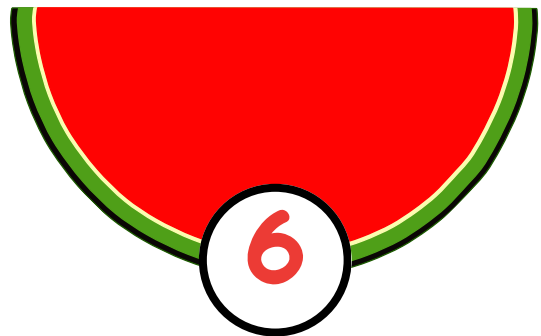
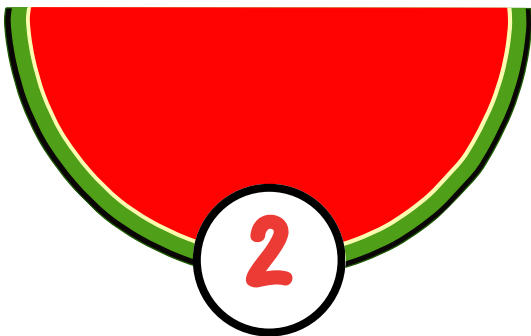
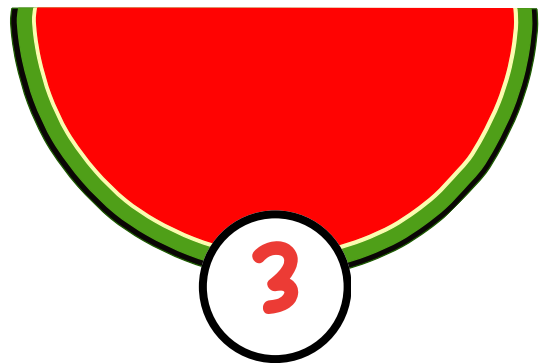
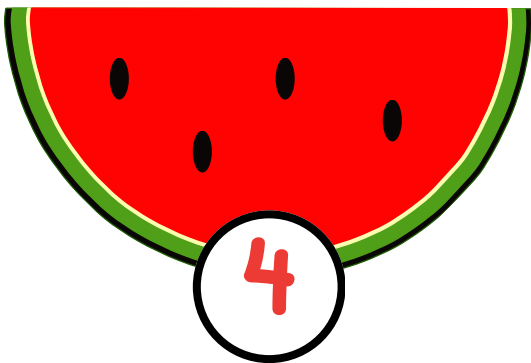
Watermelon



Watermelon is a large, oval fruit with green skin and red juicy pulp.

Draw a Watermelon Seed!

Draw watermelon seeds according to numbers!



CYCLE OF A PLANT

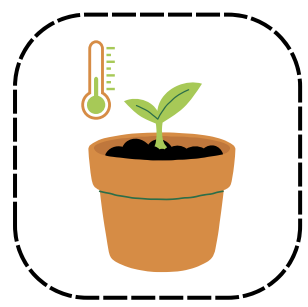
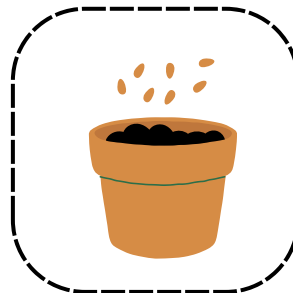
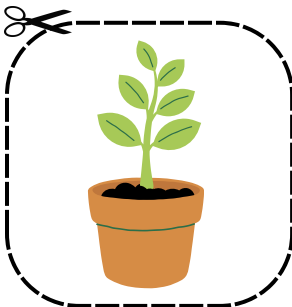
CUT OUT THE PICTURES BELOW AND PASTE THEM IN THE CORRECT ORDER TO
SHOW THE CYCLE OF A PLANT.

FIRST, A SEED IS PLANTED IN SOIL.

NEXT, THE SEED STARTS TO GROW AND A
SPROUT COMES OUT OF THE SOIL.

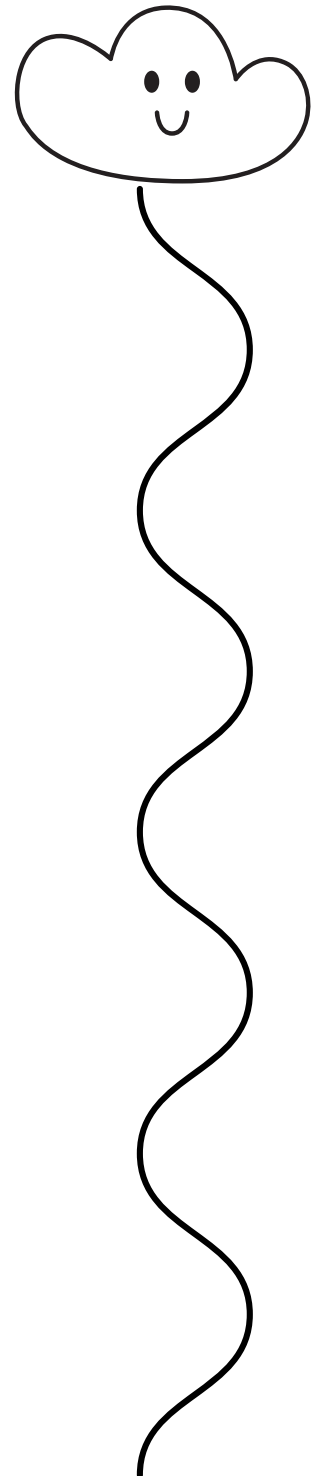
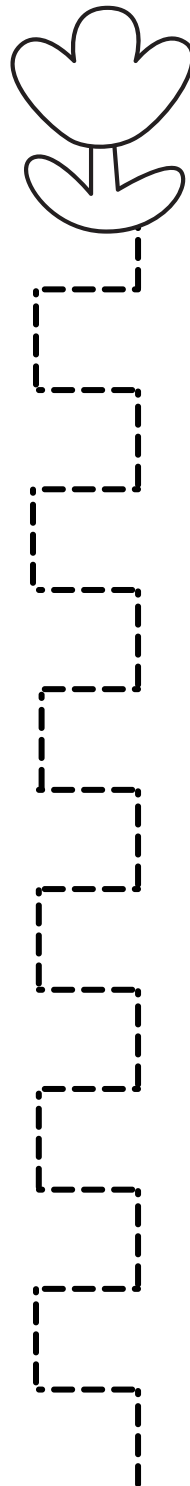
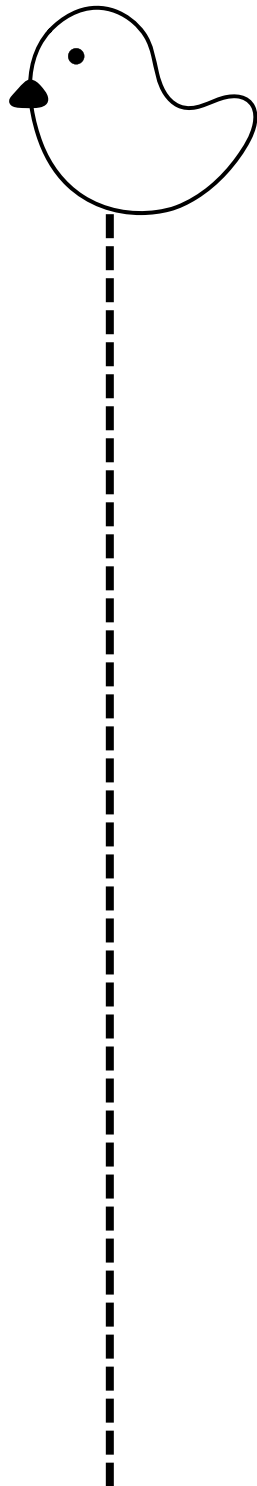
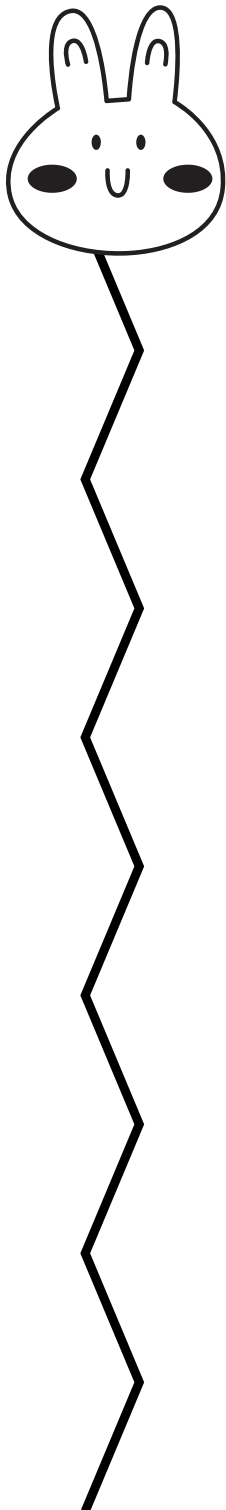
THEN, THE SPROUT GROWS INTO A PLANT
WITH A FLOWER ON TOP.

LAST, THE FLOWER TURNS INTO A FRUIT OR SEED
POD THAT CONTAINS NEW SEEDS FOR NEW PLANTS
TO GROW.



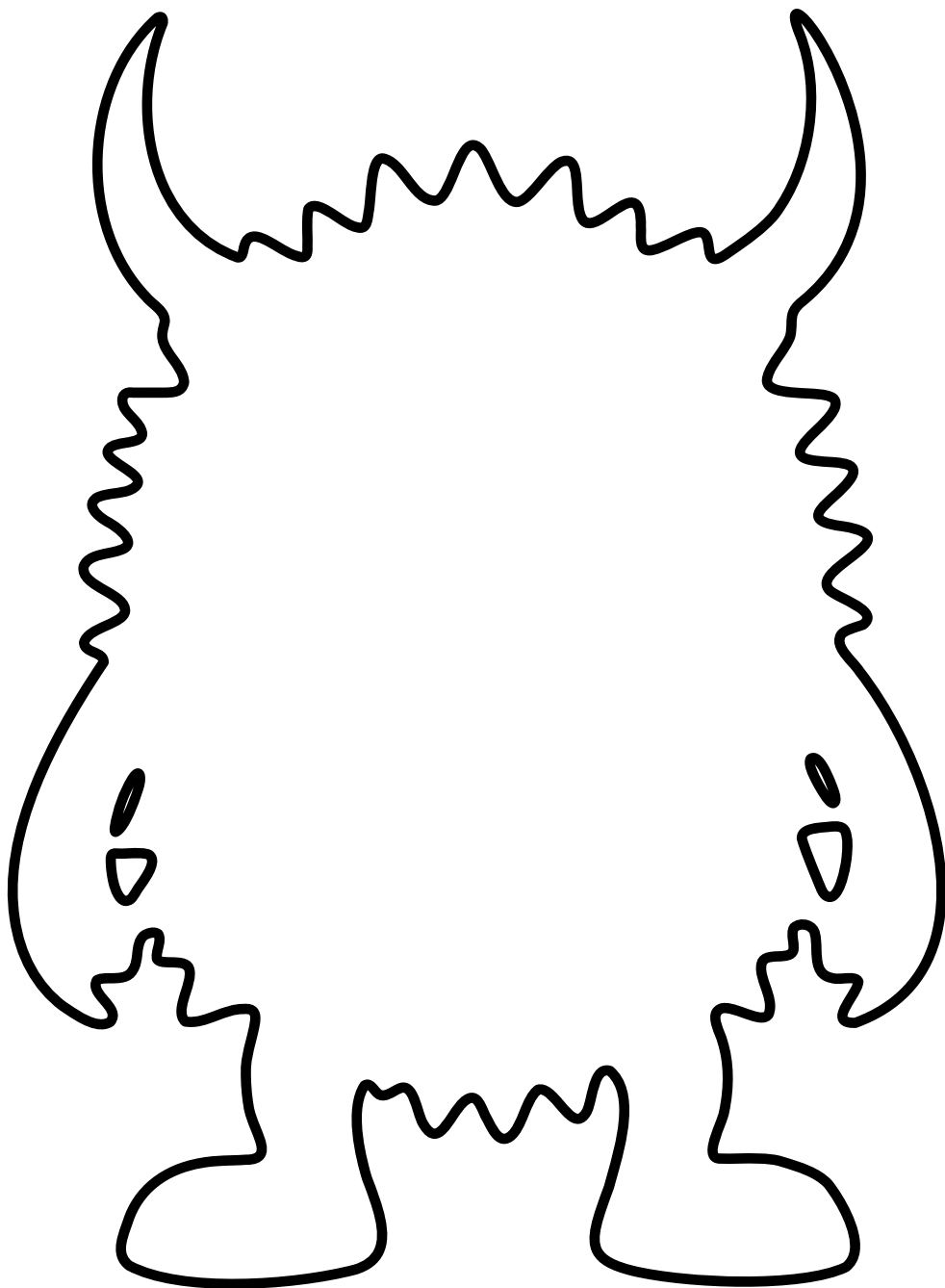
SPRING SCISSOR SKILLS

Carefully practice your scissors skill by cutting from the bottom to spring items.



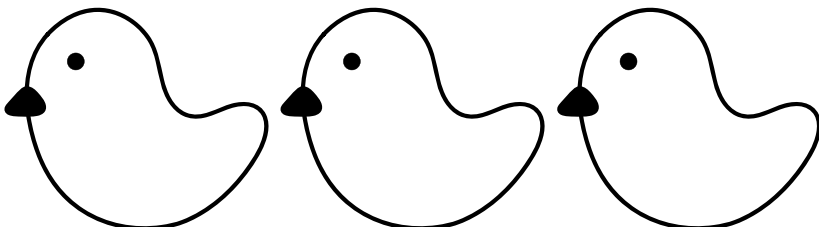
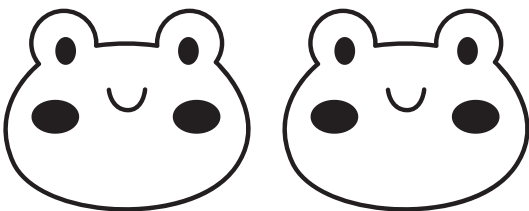
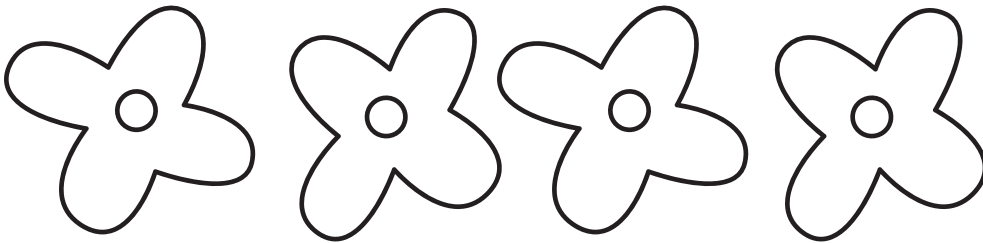
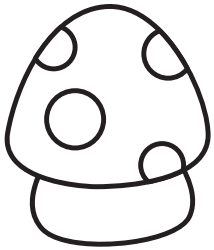
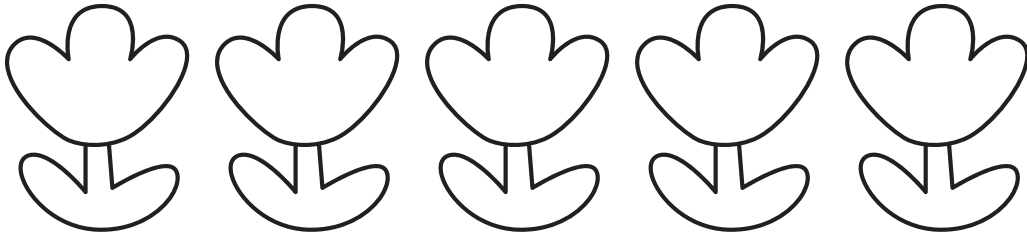
Make a **MONSTER!**

Directions: Design your monster by adding eyes, a mouth, colors, and designs.

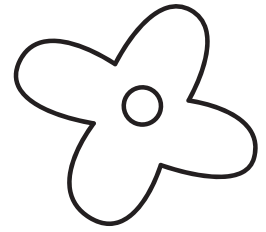


SPRING COUNTING

Count the spring items and write the number in the box.



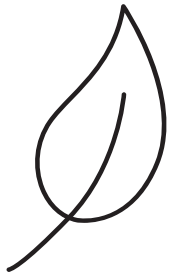
SPRING SPELLING



NAME: _____

DATE: _____

COLOR AND WRITE THE CORRECT LETTER THAT HAS THE BEGINNING SOUND OF EACH WORD.



== eaf

l

e

m

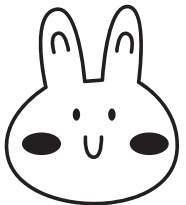


== loud

d

g

c

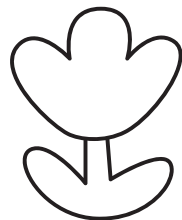


== unny

h

b

p



== ulip

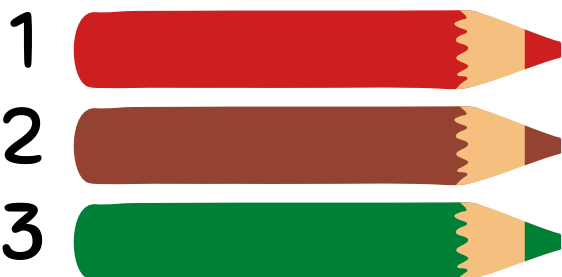
t

l

s

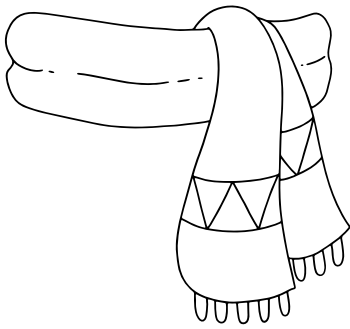
Color by Number

Use the key at the bottom of the page to color the picture.

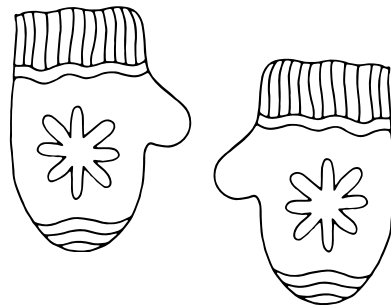


Winter Words Scramble

Correct the word. Then color in each image.



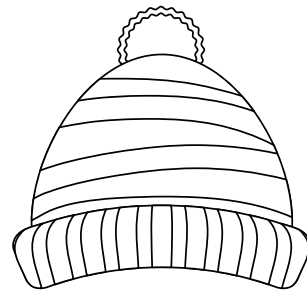
CARSF



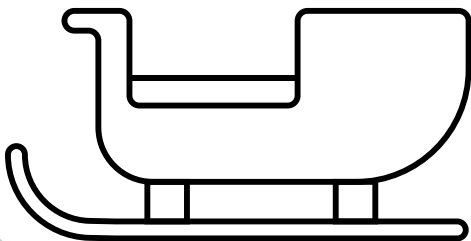
SLEGVO



MANWNOS



BAEINE



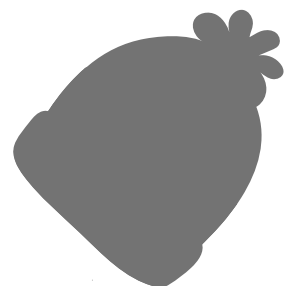
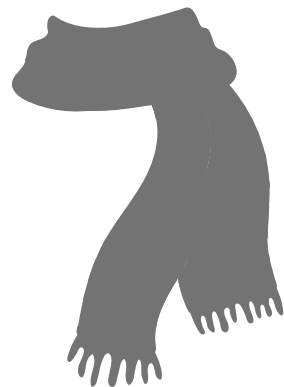
GESLED



OTH HCOCOALET

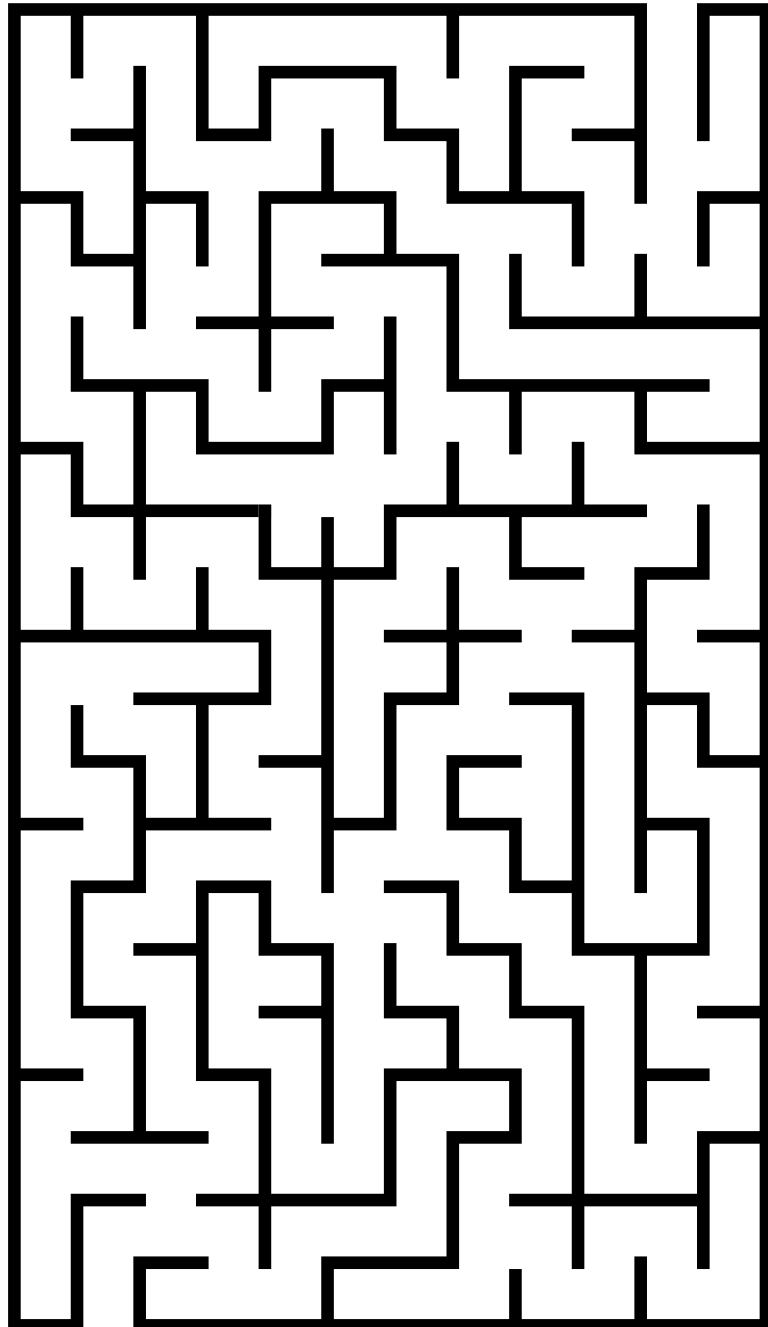
Find My Shadow

Draw a line from the object to the correct shadow.



Winter Maze

Help little kid to reach his igloo.



CHRISTMAS

Word Search



Find the hidden Christmas words.

N	E	W	Y	E	A	R	N	U	R	D	C
H	L	S	P	N	A	L	O	C	K	A	O
F	F	N	H	T	R	V	F	E	T	R	U
I	I	O	S	F	H	O	L	L	Y	P	N
R	D	W	M	I	N	U	T	E	R	A	T
E	N	M	T	N	T	B	H	B	K	R	D
W	I	A	E	S	A	N	T	A	S	T	O
O	G	N	R	G	A	L	D	A	Y	Y	W
R	H	R	E	S	O	L	U	T	I	O	N
K	T	R	A	E	I	O	O	E	R	I	S
S	T	O	C	K	I	N	G	R	A	F	N
B	P	R	E	S	E	N	T	S	N	E	L

ELF

STAR

PARTY

SANTA

STOCKING

PRESENTS

NEW YEAR

HOLLY

COUNTDOWN

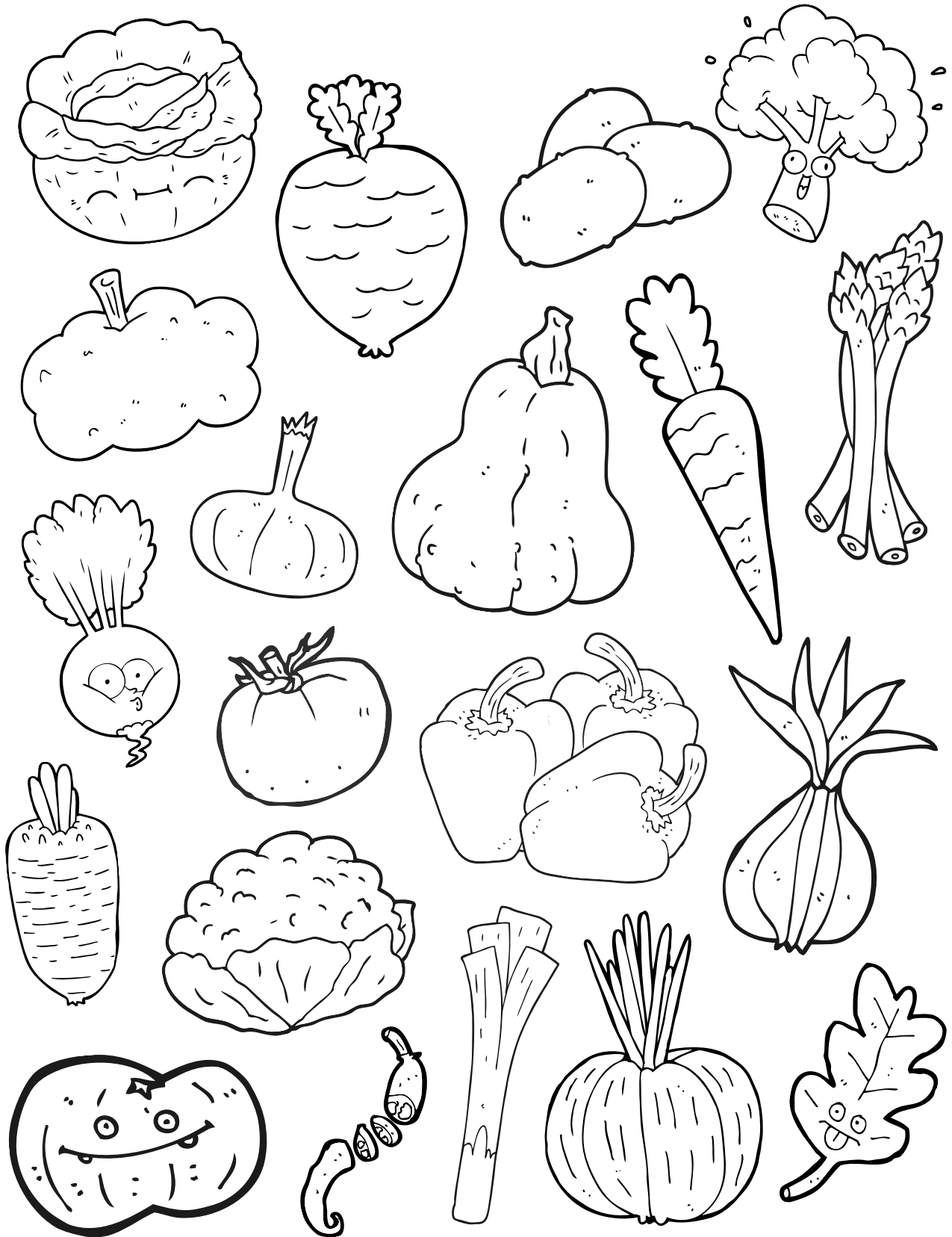
FIREWORKS

RESOLUTION

SNOWMAN

VEGETABLES

COLORING



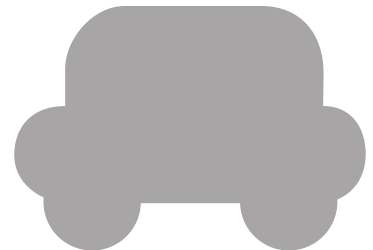
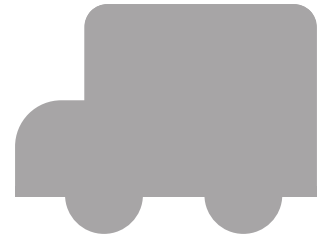
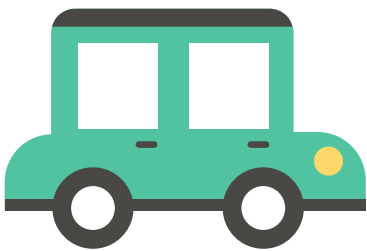
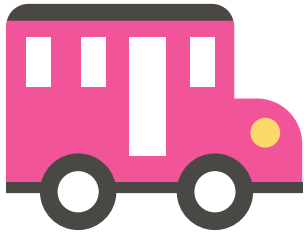


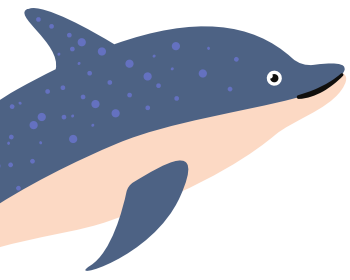
Name: _____

Date: _____

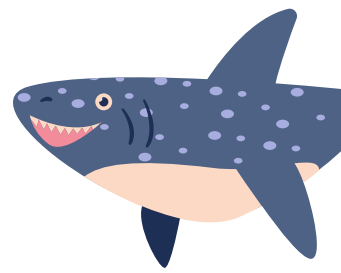
Shadow Matching

Draw a line between each car element and it's shadow.





Oceans Facts



Reading Comprehension Activity

Read the text about oceans and
decide if the sentences are true or false

Oceans are huge bodies of water generally separated by continents. 71 % of the Earth's surface is covered by ocean water. Historically there have been four oceans: the Atlantic ocean, the Pacific ocean, the Indian ocean and the Arctic ocean. However, most countries now recognize the Southern (Antarctic) ocean as the fifth ocean.



Oceans are important for several reasons. They are the lungs of the Earth. The majority of Earth's oxygen comes from oceans. They not only provide the oxygen we breathe but also absorb much more carbon dioxide than our atmosphere. Oceans also regulate our climate, transporting heat from the equator to the poles. Finally, Oceans are used for transportation and recreation and they provide food and ingredients to make many medicinal products.

World Oceans Day is celebrated every year on June 8, to remind people of the major role the oceans have in every day life and to continue developing a world project for the sustainable management of the world's oceans.

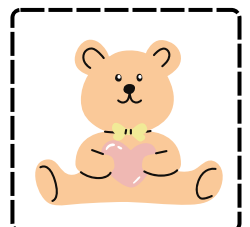
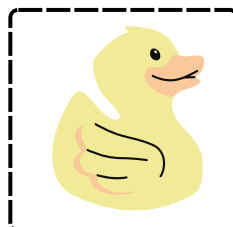
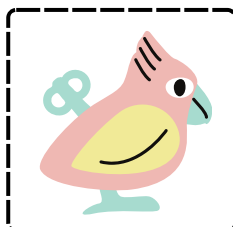
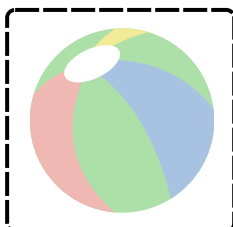
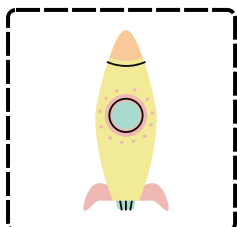
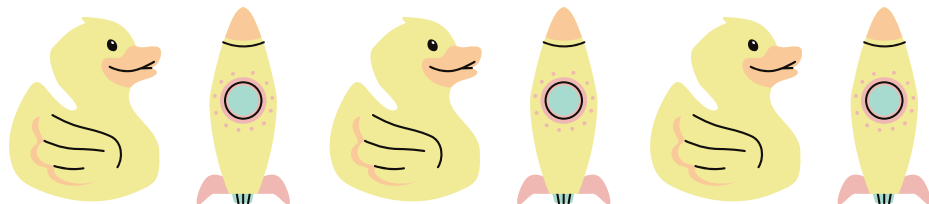
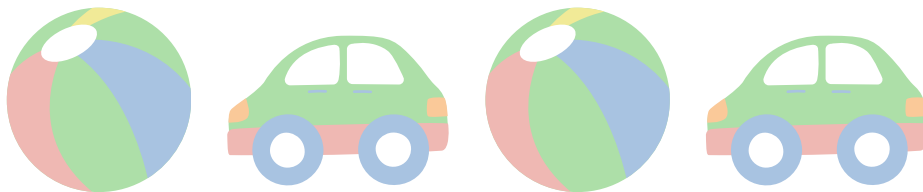
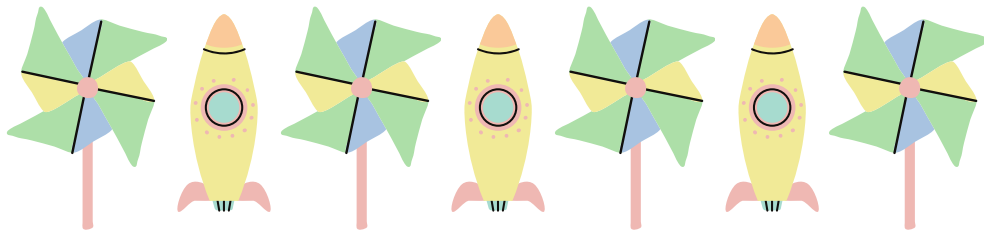
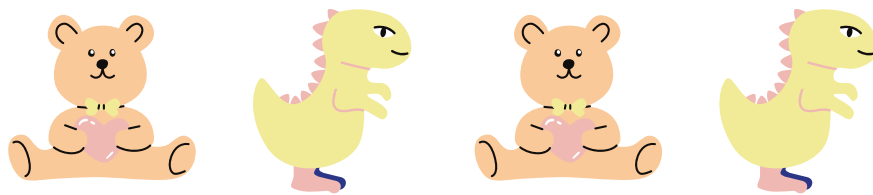
- 1 Oceans are huge bodies of land.
- 2 Oceans cover most of Earth's surface.
- 3 There are five oceans.
- 4 Oceans are the heart of the Earth.
- 5 Oceans clean the air.
- 6 Oceans make Earth's temperature hotter.
- 7 We get food from oceans.
- 8 World Oceans Day is celebrated on July 8.

Name: _____

Date: _____

Toys Patterns

Can you complete toys patterns? Cut and glue



Name: _____

Date: _____

Count And Graph

Count the leaves and color the graph



6

5

4

3

2

1

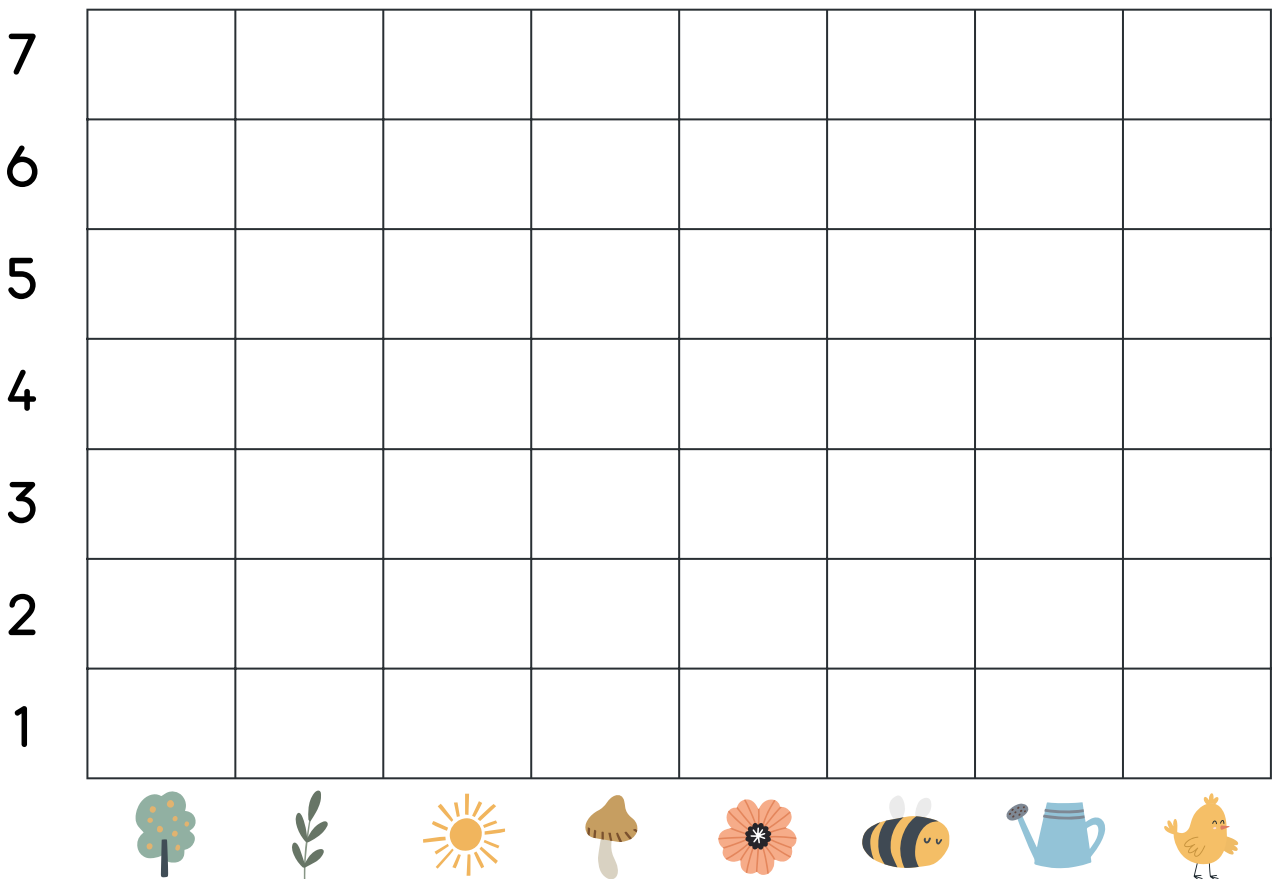


Name: _____

Date: _____

COUNT AND GRAPH IN SPRING

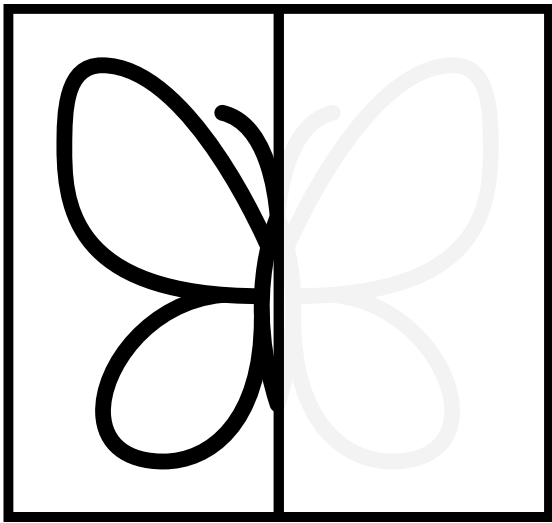
Count the elements and color the graph



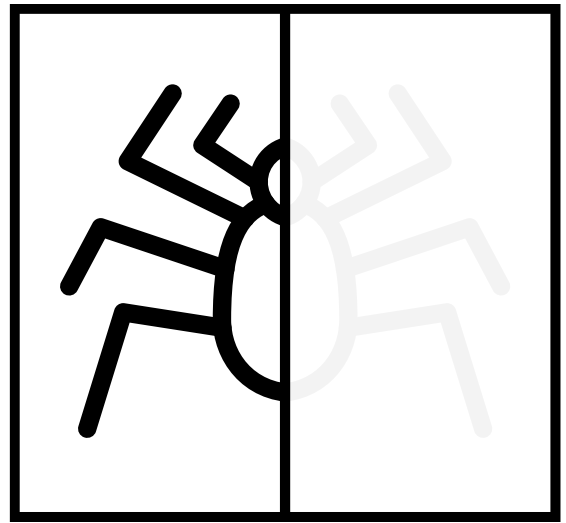
INSECTS

Draw and color the other halves.

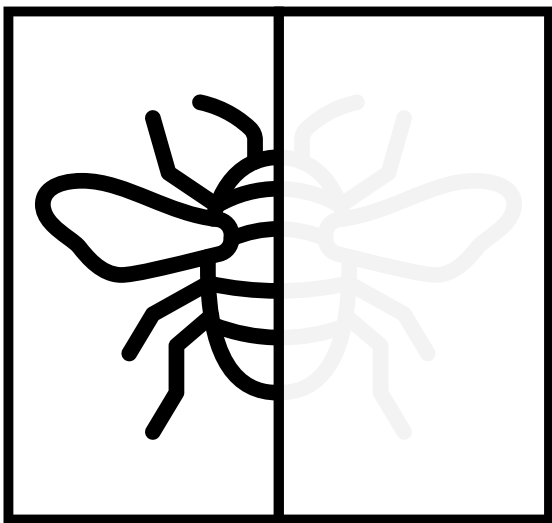
Then, trace the words.



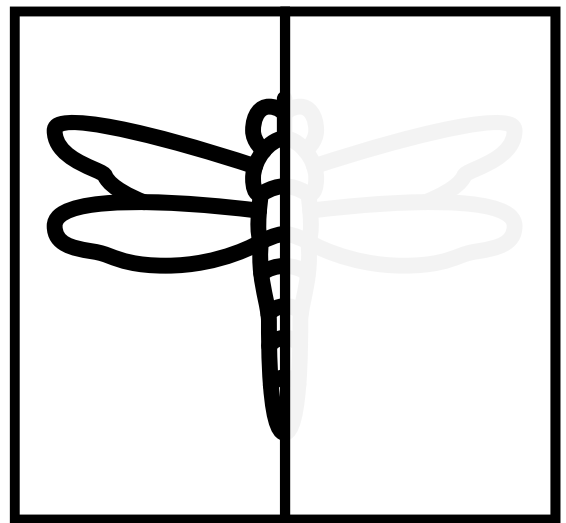
butterfly



spider



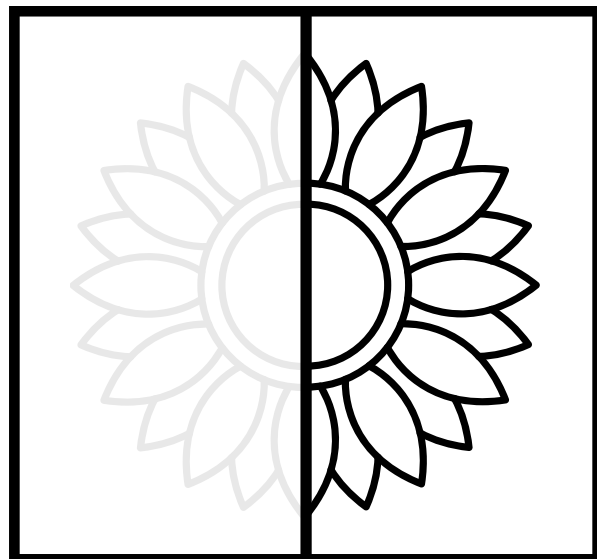
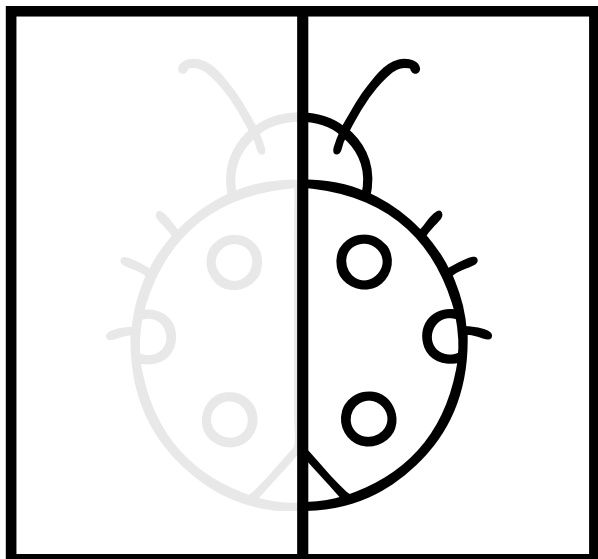
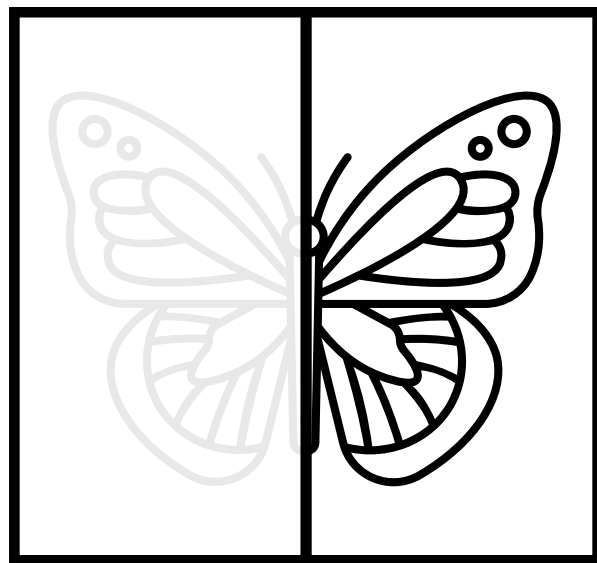
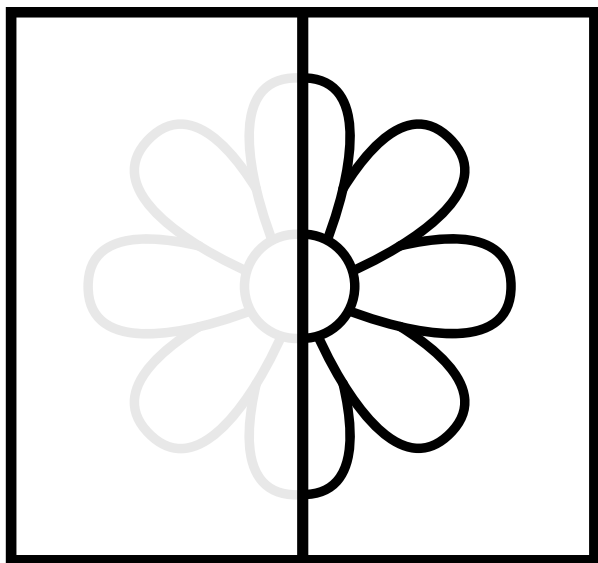
bumblebee



dragonfly

SPRING SEASON

Draw the other halves and color the pictures.
What are they? Say.

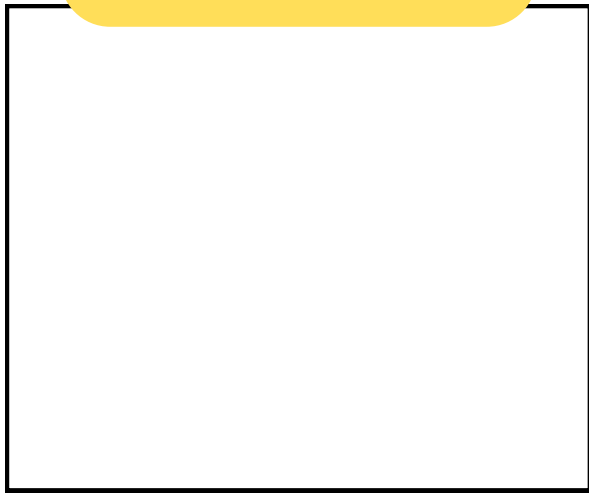


NAME: _____ DATE: _____

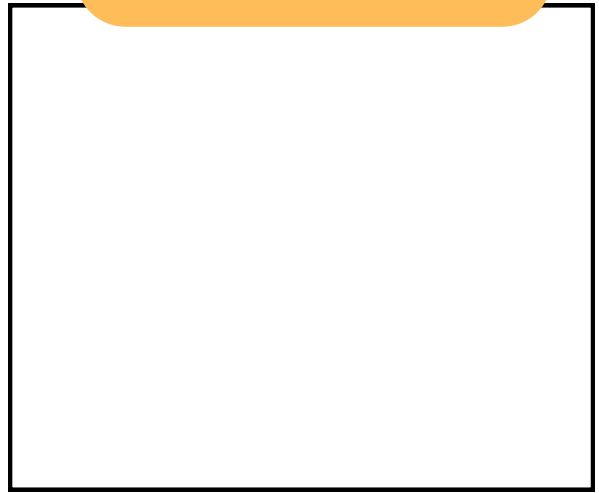
seasons

1. Draw a picture of an event that takes place in each season.
2. Write everything you know about each season.

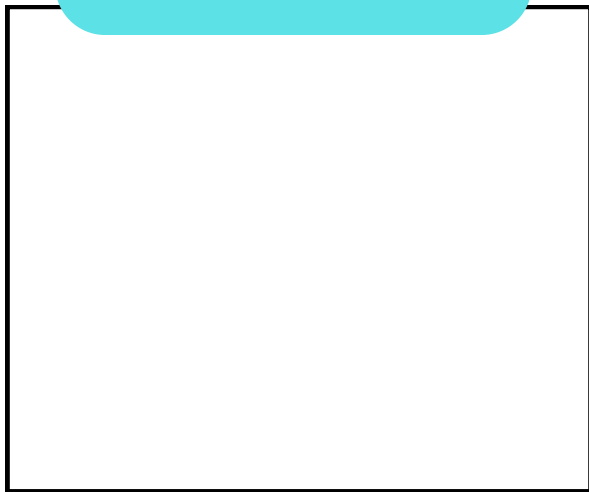
summer



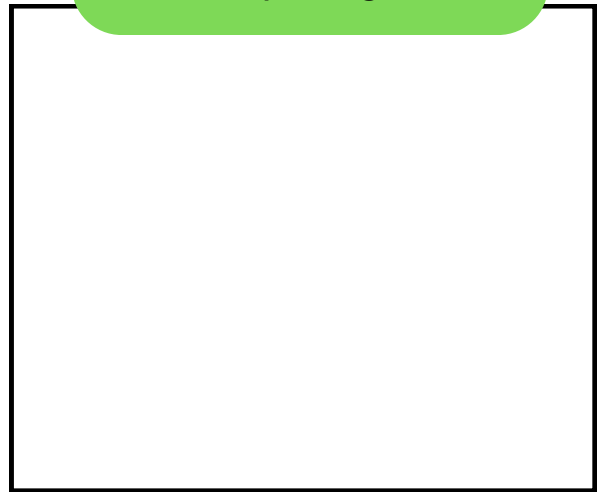
autumn



winter



spring



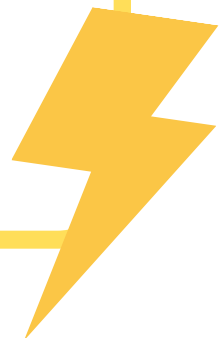
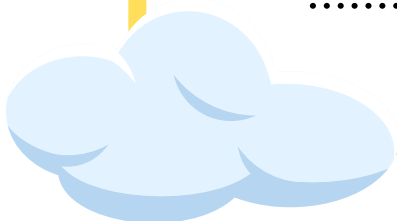
SEASONS

Draw your favourite seasonal activities.



WEATHER

What is your favorite weather?
Draw and describe below.



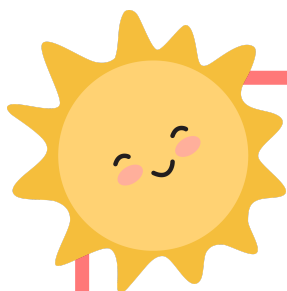
.....

.....

SUMMERTIME

What do you like doing in summer?

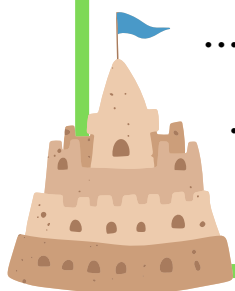
Draw and write.



.....
.....
.....



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.....



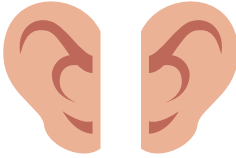
.....
.....
.....

Name: _____

Date: _____

Parts of the body

Look at the pictures and circle the correct words

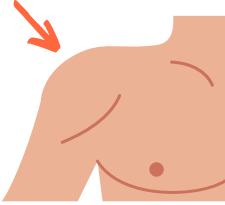
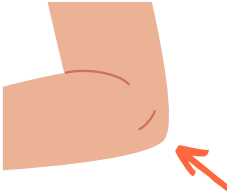
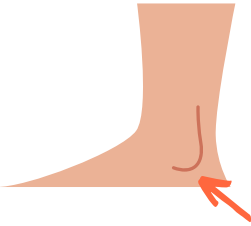
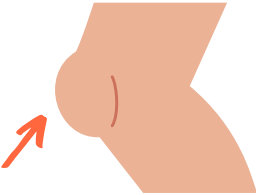
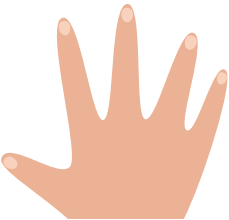
 Head Hair	 Eyelashes Ears
 Hand Hair	 Arm Back
 Eyes Ears	 Foot Hand
 Nose Mouth	 Shoulder Leg
 Neck Nose	 Hand Foot

Name: _____

Date: _____

Parts of the body

Look at the pictures and circle the correct words

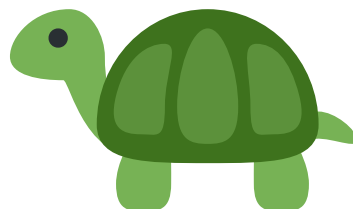
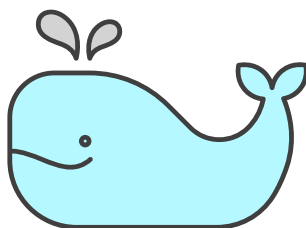
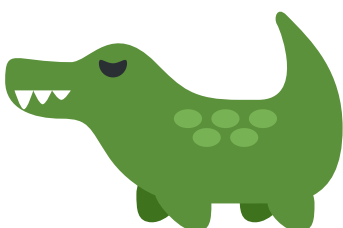
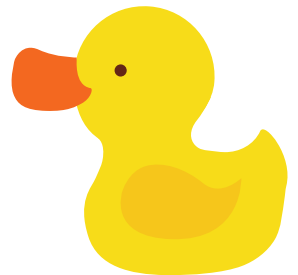
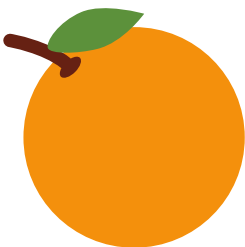
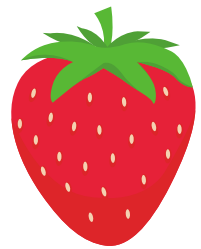
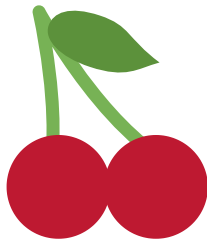
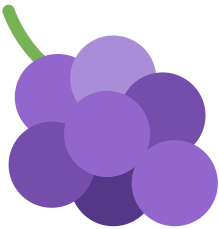
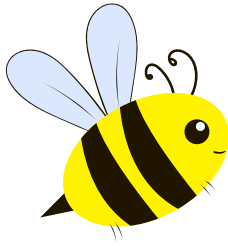
	Body		Arm
	Back		Shoulder
	Hair		Chest
	Neck		Waist
	Elbow		Chest
	Ankle		Stomach
	Shoulder		Knee
	Ankle		Leg
	Toes		Toes
	Fingers		Fingers

Name: _____

Date: _____

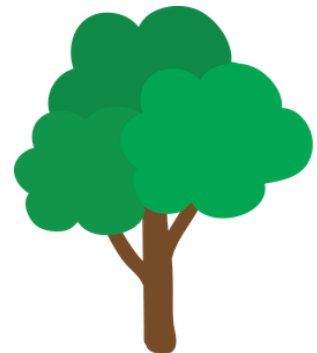
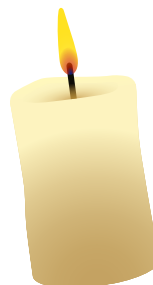
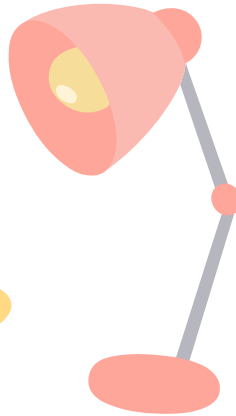
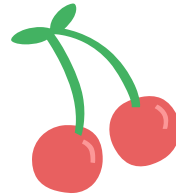
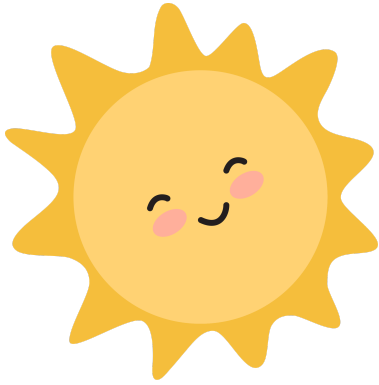
ODD COLOR OUT!

Circle the object that does not have the same color.



WHAT GIVES LIGHT?

Circle the things that gives light.



Name: _____

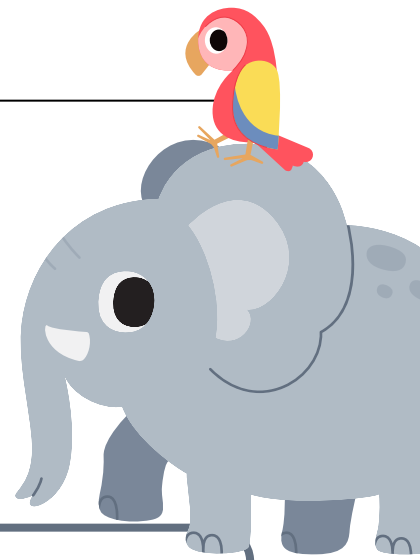
Grade: _____

Date: _____

Wild Animals

WORD SEARCH

Can you find the animals hidden in the puzzle?
Once you find them, say or write them in
alphabetical order.



E	L	E	P	H	A	N	T	R	E	R	S
C	A	I	G	N	I	A	H	O	B	T	T
S	Q	D	O	N	M	O	U	S	E	N	I
Q	A	P	N	N	E	D	O	S	A	I	G
U	G	A	A	T	P	C	E	B	R	C	E
I	S	R	U	G	U	D	L	E	T	K	R
R	T	R	G	H	I	P	P	O	I	R	B
R	A	O	U	B	R	R	H	I	N	O	E
E	C	T	S	B	O	C	A	O	S	E	D
L	A	V	Z	E	B	R	A	F	Y	L	S
E	F	C	U	N	F	L	T	J	F	L	Y
T	M	O	N	K	E	Y	R	Y	A	E	Y

BEAR

MOUSE

ELEPHANT

RHINO

TIGER

PARROT

SQUIRREL

HIPPO

LION

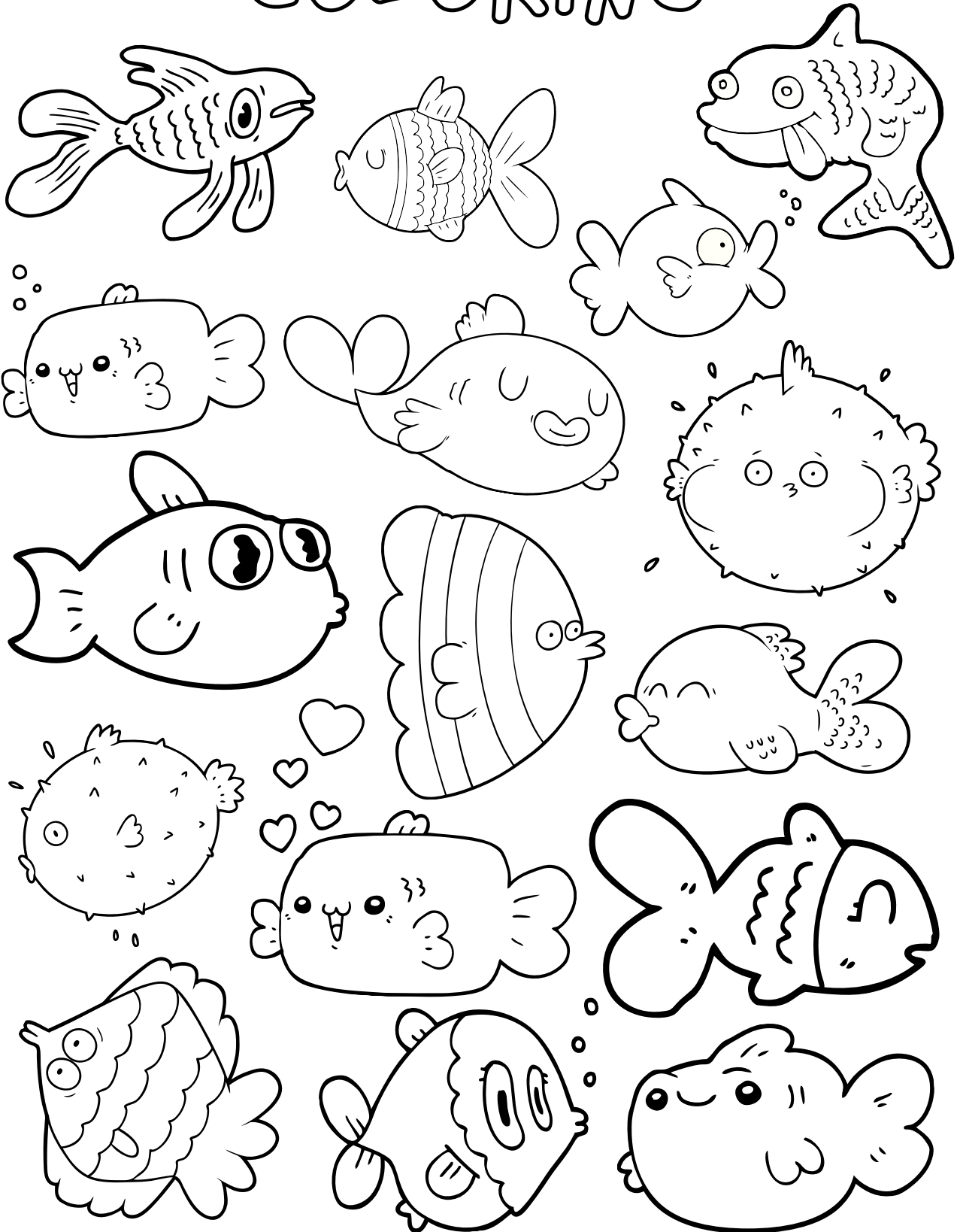
GIRAFFE

MONKEY

ZEBRA

FUNKY FISH

COLORING



Hello!! Am DIVYA VALENTEENA

A Product Manager turned Psychologist who believes that more than hard work or smart work, **inner work** matters most because clarity, courage, and self-love can change everything. Knowing yourself deeply and loving yourself a little more every day helps you truly achieve your goals.

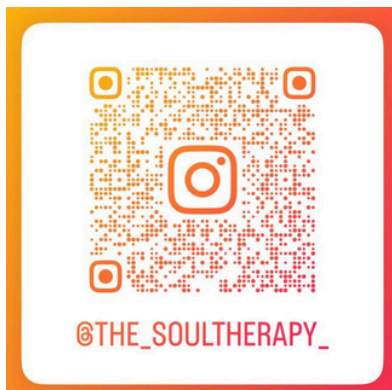
I hold a Master's in **Psychology** & a Master's in **Neuroscience** from the UK, along with certification in Trauma Therapy from renowned experts **Dr. Bessel van der Kolk** and **Dr. Arielle Schwartz**.

Saying and doing are two different things. Even with the right intentions, taking action requires courage. Don't wait to be saved; take charge of your life. **Be a Dreamer, Doer & Believer.**



I'm currently building my dream journal brand, **Soulscript**, focused on healing, growth, and mindful living, while also embracing the most meaningful role of my life being a mother to my beautiful daughter, **Sasha Tharagai**.

FOLLOW ME on my Instagram handle **@The_Soul Therapy_**, where I share content on healing, habits, growth, parenting, and self-development.



If you've chosen to buy and use my product, **THANK YOU** for trusting my work and allowing me to be a small part of your growth journey. Your support truly means a lot to me.

I wish you a very successful and more importantly, a happy and healthy year ahead.



with my daughter Sasha



with my Professors John & Alex

With Love

Divya Valenteena